



Sohila Samir Zeinhom

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Chest Disease Specialist | Pulmonologist | Master's Degree in Chest Diseases

Dedicated Chest Disease Specialist and Pulmonologist with over 5 years of extensive experience in managing complex respiratory cases across outpatient clinics, ICUs, and emergency settings at Benha University Hospitals. Skilled in managing a high-volume caseload, diagnosing and treating chronic respiratory conditions such as COPD, asthma, and tuberculosis, and performing advanced interventional procedures, including bronchoscopy, medical thoracoscopy, chest ultrasound, and pulmonary function testing. Demonstrated leadership in mentoring medical residents and coordinating multidisciplinary teams to deliver exceptional patient care. Commitment to providing exceptional patient care and contributing to advancements in respiratory medicine.

Education

- **Passed the 1st Part of MD (Doctor of Medicine) Exams,** Faculty of Medicine, Benha University, Egypt Apr 2024
- **M.Sc.: Master's Degree in Chest Diseases,** Faculty of Medicine, Benha University, Egypt Oct 2023
- **MBBCH: Bachelor of Medicine and Surgery,** Faculty of Medicine, Benha University, Egypt | Grade: Excellent with Honor Dec 2017

Work Experience

Benha University Hospitals, Qalyubia, Egypt

Chest Disease Specialist | Pulmonologist

2023 - Present

- Manage a high-volume caseload (30 - 40 patients) in the pulmonology outpatient clinic, diagnosing and treating complex and chronic respiratory conditions.
- Perform and interpret diagnostic procedures, including chest ultrasounds and pulmonary function tests.
- Assist in advanced interventional procedures such as bronchoscopy and medical thoracoscopy.
- Provide expert care for critically ill patients in the Chest Intensive Care Unit (ICU).
- Collaborated with a multidisciplinary team to develop personalized treatment plans for patients.
- Assume administrative responsibilities and oversee work coordination among residents.
- Deliver specialized instruction and clinical training in pulmonology to medical residents.

Benha University Hospitals, Qalyubia, Egypt

Chest Resident Physician

2020 - 2022

- Rotated through clinical units (Chest ICU, pulmonary outpatient clinics, and pulmonary function testing).
- Gained hands-on experience in managing acute and chronic respiratory diseases.
- Assisted in bronchoscopic evaluations and pleural procedures under specialist supervision.
- Developed strong foundational skills in patient assessment, treatment planning, and emergency response.
- Engaged in continuous education to stay abreast of emerging trends & advanced treatment in pulmonology.
- Participated in hospital committees focused on quality improvement and patient safety initiatives.
- Educated patients and families on respiratory health and disease prevention strategies.
- Maintained updated patient records and documentation, ensuring compliance with hospital protocols.

Benha University Hospitals, Qalyubia, Egypt

House Officer

Mar 2019 - Mar 2020

- Conducted primary care services to an average of 80+ patients daily, including emergency interventions, health assessments, and preventive care, maintaining accurate and updated patient medical records.
- Referred patients to specialists for further evaluation and treatment.
- Delivered patient education on disease prevention, health promotion, and self-management strategies.
- Completed administrative tasks, including documentation, billing, and scheduling.

Academic / Scientific Degree

Assistant Lecturer of Chest Diseases | Benha University Hospitals, Qalyubia, Egypt

2023 - Present

Core Competencies / Skills

Clinical Job-Related / Hard Skills

- Pulmonology Working Area**
 - Critical Care (Chest ICU)
 - Outpatient Clinic Management,
 - Pulmonary Function Testing (PFT),
 - Tuberculosis & COPD Management, Asthma Care
- Interventional Procedures Skills**
 - Bronchoscopy Procedures.
 - Medical Thoracoscopy Procedures.
 - Chest Ultrasound & Pleural Procedures
- Clinical Research Skills**
 - Data Collection, Statistical Analysis (SPSS - Basic).
- Technical Clinical Skills**
 - Electronic Medical Records (EMR),
 - Interpretation of X-rays,
 - ECG, EEG, Lab Reports.
- Other Skills**
 - Medical Campaigns in Underserved Areas

Soft Skills

- Strong Communication & interpersonal skills.
- Managerial and Leadership of Chest Resident.
- Multidisciplinary Team Collaboration.
- Patient and Family Communication.
- Time and stress management.
- Strong attention to detail and Problem-solving.
- Flexible with different shifts.
- Able to relocate.

Certifications

- TOEFL** Certification (English Language Proficiency), Benha University,
- Fundamentals of Digital Transformation** Certificate (FDTC), Benha University,

2023

2023

Training Courses

- Medical Research Course.
- Medical Statistics Course.

Conferences

- 10th Conference of Benha University (Updates in Chest Diseases), 24th,25th Oct 2024

Language

- Arabic:** Fluent (Native speaker).
- English:** Professional Proficiency (TOEFL: C1 Reading/Writing, B2 Listening/Speaking).

Personal Information

- Nationality:** Egyptian.
- Date of Birth:** 29/3/1993
- Gender:** Female.